I CLAIM:

- 1. A chair comprising a seat and a backrest, said seat having an upper surface and a lower surface, said backrest having a front surface and a rear surface, said chair being readily movable between an upright position and a compact position:
 - (a) in a compact position, said seat and said backrest lying substantially in the same plane with an angle between said upper surface of said seat and said front surface of said backrest being substantially 180°;
 - (b) in an upright position, said backrest being mounted in a fixed position relative to said seat so that said angle is greater than substantially 90°.
- 2. A chair as claimed in Claim 1 wherein, in an upright position, a rear edge of said seat extends beyond a rear surface of said backrest.
- 3. A chair as claimed in Claim 2 wherein said backrest has two upright positions relative to said seat, a first upright position and a second upright position, in a first upright position, said angle being approximately 95° and in a second upright position, said angle being approximately 105°.
- 4. A chair as claimed in Claim 1 wherein said seat has two brackets thereon, one of said two brackets being located along each side of said seat, said backrest having a connector thereon, said connector being slidable within said bracket.
- 5. A chair as claimed in Claim 4 wherein each bracket has an elongated slot therein, said slot having a compact end and at least one upright position, said connector being a post connector with an enlarged inner end, said inner end sliding within said bracket.

- 6. A chair as claimed in Claim 5 wherein each slot is generally horizontal with a compact end that angles gently upward, with a first upright position being a short extension to the channel that extends upward and forward.
- 7. A chair as claimed in Claim 6 wherein said channel has a second upright position, said second upright position being located between said first upright position and said compact end, said second upright position being a short channel that extends upward and forward.
- 8. A chair as claimed in Claim 7 wherein there is a support brace on either side of said chair, each support brace being pivotally connected at one end to said backrest and at another end to a side of said seat to a rear of said backrest.
- 9. A chair as claimed in Claim 8 wherein said brace is pivotally mounted to the side of said seat at a rear end of said seat.
- 10. A chair as claimed in Claim 3 wherein said seat has a first frame, said first frame having a front portion and a rear portion, said brackets being mounted on either side of said frame, said backrest having a second frame, said second frame having an inverted U-shape with two legs extending downward from either end of an upper portion, each of said legs having a free end with a connector extending inward from said free end, said second frame being sized and shaped to fit outside of said first frame with said connectors slidably connected to said brackets.
- 11. A chair as claimed in Claim 10 wherein there is a first cushion on a front portion of said first frame and a second cushion on an upper portion of said second frame, said cushions being sized and shaped so that said cushions are adjacent to one another when said chair is in a compact position.

- 12. A chair as claimed in Claim 11 wherein said first frame has a rectangular shape.
- 13. A chair as claimed in Claim 12 wherein there are no legs on said first frame.
- 14. A chair as claimed in Claim 12 wherein there are four cushions mounted on a lower surface of said first frame near corners of said first frame.
- 15. A chair as claimed in Claim 14 wherein there are two handles on said second frame, there being one handle on each side of said second frame, said handles extending outward from a lower portion of said second frame.
- 16. A chair comprising a seat and a backrest, said seat having an upper surface and a lower surface, said backrest having a front surface and a rear surface, said chair being movable between an upright position and a compact position:
 - (a) in an upright position, said backrest being mounted in a fixed position relative to said seat with an angle between said upper surface of said seat and front surface of said backrest being greater than substantially 90°; and
 - (b) in a compact position, said angle being much greater than 90° and said seat and said backrest lie substantially in the same plane.
- 17. A chair as claimed in claim 2 wherein the seat has a front portion and a rear portion, the brackets being mounted on either side of the seat, the backrest having an inverted U-shape with two legs extending downward from either end of a central portion, each of said legs having a free end with a connector extending inward from said free end, said backrest being sized

and shaped to fit outside of said seat with said connectors slidably connected to said brackets.

- 18. A chair as claimed in claim 2 wherein said backrest has two legs that straddle said seat in said compact position, each of said legs having a free end that is slidably connected to a side of said seat.
- 19. A chair as claimed in claim 18 where said chair has a pneumatic cylinder, said cylinder being connected between said seat and said free ends of said backrest, there being a brace on either side of said chair, each brace being pivotally connected between said seat and said backrest and extending to a rear of said backrest, said cylinder being connected to said free ends of said legs, with an activator for said cylinder to move said chair between said compact position and said upright position.
- 20. A chair as claimed in claim 19 wherein said chair has several upright positions.
- 21. A chair as claimed in claim 20 wherein said cylinder has a retracted position and several extended positions corresponding to said compact position and said several upright positions of said chair respectively.
- 22. A chair as claimed in Claim 3 wherein said seat has front portion and a rear portion, said brackets being mounted on either side of said seat, said backrest having an inverted U shape with two legs extending downward from either end of an upper portion, each of said legs having a free end with a connector extending inward from said free end, said backrest being sized and shaped to fit outside of said seat with said connector slidably connected to said brackets.
- 23. A chair comprising a seat and a backrest, said backrest having an inverted U shape with two legs extending downward from a central portion, each of said legs having a free end that is slidably connected to either side of

said seat, said legs straddling said seat, said backrest lying outside of said seat immediately to a rear and sides thereof when said chair is in a compact position, said backrest being at an angle that is greater than substantially 90° to said seat when said chair is in an upright position.

- 24. A method of moving a chair between a compact position and an upright position, said chair having a seat and a backrest, said seat having an upper surface and a lower surface, said backrest having a front surface and a rear surface, said seat and backrest being in contact with one another, said method comprising, commencing with the chair in a compact position and said seat and said backrest lying substantially in the same plane, pulling said backrest upward and rearward relative to said seat, manipulating said backrest to lock said backrest in an upright position relative to said seat, subsequently, manipulating said backrest to unlock said backrest from said upright position, moving said backrest downward and forward to return said chair to said compact position.
- 25. A method as claimed in Claim 24 wherein said backrest has an inverted U shape with two legs extending downward from a central portion, each leg having a free end, a pneumatic cylinder being connected directly or indirectly between said seat and said free end, there being a brace on either side of said chair, each brace being pivotally connected between said seat and said backrest and extending to a rear of said backrest, said cylinder having an activator thereon, said method comprising manipulating said activator to move said chair from a compact position to an upright position and manipulating said activator while forcing said backrest downward and forward to move said chair from said upright position to said compact position.